

Professional Assistance Directory

Resource Telephone Numbers

Saint Clare's Hospital- Psychiatric Emergency Services	973-625-0280
Newton Memorial Hospital- Crisis Intervention Services	973-540-0100
Chilton Memorial Hospital- Crisis Intervention Services	973-831-5078
St. Josephs' Hospital- Psychiatric Screening	973-754-2230
St. Joseph's Hospital-Children's Mobile Crisis (5-18yrs)	877-652-7624 (then press 1)
NJ Division of Youth & Family Services	973-523-6090

Hot Lines

Child Abuse Hot Line (DYFS)	1-877-NJ ABUSE (1-877-652-2873)
Strengthen Our Sisters (Women's Shelter)	973-728-0007
National Alliance on Mental Illness	1-800-950-6264
AA 24 Hour Hotline (Alcoholics Anonymous)	1-800-245-1377
Addictions Hotline of NJ	1-800-238-2333
Gambling Addiction	1-800-GAMBLER (1-800-426-2537)
National Eating Disorders Assoc. Hotline (M-F 9-5pm)	1-800-931-2237
Performcare -24 hour 7 day access to NJ Child Behavioral Health services (in-home, outpatient, residential)	1-877-652-7624
National Suicide Prevention Hotlines (24 hour 7 days a week)	1-800-273-8255 1-800-SUICIDE 1-800784-2433
2nd Floor, NJ Youth Helpline	1-888-222-2228
NJ AIDS/STD Hotline (24 hour)	1-800-624-2377
National Runaway Switchboard	1-800-RUNAWAY

Teen Pregnancy Hotline

1-800-THE-KIDS
1-800-843-5437

NJ Mental Health Cares (24 hours 7 days)
Free confidential mental health information and referral

1-866-202-HELP

Domestic Violence

1-800-572-SAFE

Safe Haven – Infant protection hotline (24 hours 7days)
For distressed parents who wish to give up and unwanted infant anonymously

1-877-839-2339

DASI (Domestic Abuse & Sexual Assault Intervention Services) 973-875-1211
Assistance with physical, emotional & psychological abuse and injuries
Can assist with safety, planning, housing and financial emergencies

Websites

Alcoholics Anonymous

<http://www.alcoholics-anonymous.org>

Al-Anon & Ala-Teen

www.nj-al-anon.org

Narcotics Anonymous

<http://www.na.org>

Runaway/Crisis

<http://www.nrscrisisline.org>

Grief

www.griefspeaks.com
<http://good-grief.org/>

New Jersey Mental Health Cares

www.njmentalhealthcares.org

Child Trauma Academy

<http://childtrauma.org>

Substance Abuse treatment

www.findtreatment.samsha.gov

Domestic Abuse and Sexual Assault Intervention Services www.dasi.org

Depression, Stress & Self Esteem

www.Teen-Matters.com

Eating Disorders

www.nationaleatingdisorders.org

Gang Awareness

www.njgangfree.org

Counseling Resources

Newbridge Services

973-728-3938 (West Milford)

973-319-9333 (Montville)

973-831-0613 (Pompton Lakes)

Services provided: counseling, crisis counseling, peer support groups, adolescent substance use counseling (Pompton Lakes location)

Turn The Page – West Milford

973-728-5111

Services include: Individual, group, family counseling services, in home therapy and mentoring

Morris Psychological Group - Parsippany

973-257-9000

Josh Glawe, LCSW

Works with adolescents who struggle with: Oppositional Defiant Disorder, ADHD, anxiety, depression and self-injury

Amy Klein - Pompton Lakes

973-616-8535

Works with adolescents who struggle with: eating disorders, relationship issues and drug and alcohol use Sliding scale and insurance accepted

Valerie Wood – Wayne

201-796-5151

Works with adolescents who struggle with: eating disorders, Bipolar Disorder and utilizes Dialectical Behavior Therapy

B.J. Keane – MSW, LCSW – Pompton Plains

973-831-8690

Sue Hatch – Pompton Lakes

973-839-5984

Individual, Group and Family counseling

Wallis Berkson – Pompton Lakes

973-835-4424

Diana Devito – Butler

973-492-8700

Annette DiNapoli – New Foundland

973-208-8884

Works with adolescents who struggle with: anxiety, depression, adjust disorders, & family issues

Dr. Glyn Eisenhauer – Pompton Plains

973-839-5984

Emile Gurstelle – Wayne

973-527-4411

Works with adolescents who struggle with: anxiety, depression, grief, anger management & stress management

Dr. Jerry Nathan – Sparta 973-729-4747
Works with adolescents who struggle with: conduct disorders

Karen Glick – Wayne 973-706-6079
Individual, group & family counseling

Judy Spinney – Hamburg 973-827-6465
General and sexual abuse recovery

Pathways Counseling Center – Pompton Lakes 973-835-6337
Individual & family counseling, ADHD, grief and sexual abuse

Bernie Ivin-Strength for Change – Mt. Arlington 973-770-7600

Drug & Alcohol Counseling

New Life Recovery – West Milford 973-728-7788

Treatment Dynamics- Florham Park & Newton 973-593-0090

Newbridge Services – Pompton Lakes 973-831-0613

High Focus Centers – Parsippany 973-299-9919
(Mental Health and Substance use counseling)

DayTop (outpatient and inpatient) 973-539-5624

Wayne Counseling Center – Wayne 973-694-1234

Counseling Associates of North Jersey – New Foundland 973-697-8907

Sakowitz Counseling – Wayne** 973-696-5668

Client Action & Resource Empowerment (C.A.R.E.)- Totowa 973-553-1435

Sam Pirozzi – Wayne** 973-671-8148
(No sliding scale or Medicaid, performs assessments as well as provides counseling)

Michelle Ianucci – Caldwell** 973-216-6815

Sandy Carlson-Ringwood** 973-962-4425

Karen Glick – Riverdale** 973-706-6079

Wayne Robertson- Wayne ** 973-671-8050

Amy Klein – Pompton Lakes**

973-616-8535

Alison Prince Hammonds – Hewitt**

201-688-7627

Kieran Ayre- Morristown **

973-671-8139

****Check with treatment provider to ensure a weekly drug test is administered. If not, student must be taken to a lab separately and results must be released to the Substance Awareness Coordinator (Janice Gerisch) at West Milford High School.**